



## *Travel As A Force For Good!* February 2018 Kenyan Service Trip and Safari Adventure

In August, 2016 Vet Treks Foundation took a team of 18 veterinarians, technicians, animal care workers and other animal lovers to Kenya to assist the African Network for Animal Welfare (ANAW) in their community projects, namely mass rabies vaccination campaigns in several communities. Over 3000 dogs, cats and donkeys were vaccinated for rabies and over 100 dogs and cats were sterilized in the first Vet Treks - ANAW sterilization clinic offered. We also taught local veterinarians how to stage a remote area high volume spay/neuter campaign for community dogs and cats.

Our efforts were so successful that ANAW and Vet Treks Foundation will collaborate again! In February, 2018, we will return to do rabies vaccinations, to offer continuing education to area veterinarians and to conduct a three day sterilization campaign. You are invited to join us for an opportunity to see one of the most amazing places on earth, meet some wonderful Kenyans working for the cause of animal welfare, and to do good at the same time.

Purely for fun, you are invited to add a one day pre-trip extension to your time in Kenya, to see a few more exciting things in Nairobi. We also offer a contracted safari for those wishing to extend their time in Kenya after the service trip. Both extensions are highly recommended!

### Summarized Itinerary

17-19 February 2018	Early Arrival Add-On Option
SERVICE TRIP BEGINS:	
20 February 2018	Arrive Nairobi – Transfer JKIA to Kifaru House - Standard Room (Full Board)
21 February – 25 February 2018	Nairobi to Machakos - Ol Donyo Sapuk Resort – Standard Room (Full Board)
26 February 2018	Machakos to Nairobi – Kifaru House – Standard Room (Full Board)
27 February 2018	Depart JKIA for return to U.S., or depart Wilson Airport for Safari
OPTIONAL SAFARI EXTENTION BEGINS:	
27 February – 3 March 2018	No work, just play! As long as you’ve come all the way to Africa, why not add a short but amazing vacation to your trip? Information available on request

### Detailed Itinerary

#### **Day 1      Tuesday, 20 February, 2018**

On arrival at the Jomo Kenyatta International Airport in Nairobi, we will be met by our ANAW hosts and transferred to your hotel, Kifaru House, for overnight.

#### **Nairobi**

Nairobi is the capital city of Kenya and the starting point for many Kenyan tours and safaris. Nairobi, which means ‘cool water’ in the language of the Maasai is now the hub for all of East Africa’s business. Today the city’s skyline bristles with skyscrapers; its modernity and spaciousness surprising many first time visitors. Since it was founded a little over a century ago the city has grown at an unimaginable rate into one of the continent’s largest. As a result of this the city does have its problems, traffic being one of them. Don’t be surprised to see camels in amongst the throngs of cars on Nairobi’s busy streets – and they often move faster than the cars!

### Accommodation at Kifaru House - Standard room (Full Board)

Kifaru House is owned and operated by our hosts in Kenya, the African Network for Animal Welfare (ANAW). Set in the tranquil and historic Karen district, Kifaru House was previously owned by a great supporter of ANAW, the late Ms. Rosalie Osborn. Ms. Osborn left her estate to ANAW and her beautiful home now serves as ground zero for ANAW guests in Nairobi. Settle in for the evening, relax with a local beer and get ready for your great Kenyan adventure!



### Day 2      Wednesday, 21 February, 2018

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Wake up to your first full, beautiful day in Kenya and enjoy breakfast at Kifaru House.

Today's activities:

- After breakfast, we will meet ANAW principals to learn more about this amazing group and all they are doing for the animals and communities of Kenya.
- We will visit the David Sheldrick Wildlife Trust Elephant Orphanage – a must for any visitor to Nairobi!
  - Please go to <https://www.sheldrickwildlifetrust.org/> to adopt an orphan elephant and support the important work of this heroic organization.
- We'll enjoy lunch at the Blixen Coffee Gardens, on the estate of Karen Blixen of "Out Of Africa" fame. This is a great place to enjoy (or purchase) some beautiful local artwork. (Note the cost of this lunch is not included in your trip cost; expect to spend \$20-30).
- After lunch we'll visit the Giraffe Center, which houses a few of the dwindling number of beautiful Rothschild's giraffes. Get ready to feed the tallest patients you'll ever see!
- This afternoon most of us will head out of Nairobi for a two hour drive to Tala, Machakos County, where our project with ANAW is planned. A few of us will remain in Nairobi to conduct Continuing Education courses for new Kenyan veterinarians on Day 3.
- Overnight at Kifaru House (Nairobi group) or Ol Donyo Sapuk Resort (Tala group) – Standard Room, Full Board.



Meeting the orphans at the Sheldrick orphanage in Nairobi      Feeding the tall ones at the Giraffe Center

Ol Donyo Sapuk Resort, in the shadows of Mount Kilimambogo



**Day 3 Thursday, 22 February, 2018**

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Today's activities:

- Two groups:
  - Teachers (Lisa McCarthy and TBD) will conduct CE in Nairobi, then join the group in Machakos
  - Remaining group (most) will conduct an area rabies vaccination campaign at the sterilization clinic location in Machakos County, and do preliminary set up for the sterilization campaign to begin the next morning.



**Community rabies vaccination campaign**



**Technician Janet King vaccinating a donkey**

**We vaccinated 3000 dogs and cats and 600 donkeys in 2016!**



**Children bring their pets for vaccination – cats are very popular!**

- Overnight at Ol Donyo Sapuk Resort – Standard Room (Full Board)

**Day 4 Friday, 23 February, 2018**

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Today's activities:

- Early breakfast at the Resort
- Day 1 of sterilization campaign
- Bag lunches will be our mid-day fare so that we don't lose momentum, and we'll enjoy a wonderful dinner back at the Resort
- Ol Donya Sapuk Resort – Standard Room (Full Board)

**Day 5 Saturday, 24 February, 2018**

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Today's activities:

- Early breakfast at the Resort
- Day 2 of sterilization campaign
- Bag lunches, dinner at the Resort
- Ol Donya Sapuk Resort – Standard Room (Full Board)



**Dr. Shayrn Esposito  
In Surgery**



**ANAW's Dr. Maryanne Kagai with Dr. Julie Alt  
A KSPCA assistant in surgery**



**ANAW's Steve Itela in  
Recovery**

**Day 6      Sunday, 25 February, 2018**

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Today's activities:

- Early breakfast at the Resort
- Day 3 of sterilization campaign
- Bag lunches, dinner at the Resort
- Ol Donya Sapuk Resort – Standard Room (Full Board)



**The whole 2016 Vet Treks and ANAW Crew in front of clinic tents  
Can we beat the record of 104 sterilization surgeries? Yes! Yes, we can – with YOUR help!**

**Day 7      Monday, 26 February, 2018**

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Today's activities:

- Early breakfast and depart Ol Donyo Sapuk Resort
- En route back to Nairobi, we'll take a short game drive through Ol Donyo Sabuk National Park. The park is known for great views of both Mt. Kilimanjaro and Mt. Kenya, and is home to buffalo and many species of monkeys, baboons, birds and impala.
- Picnic lunch and, time allowing, perhaps a short hike up Mt. Kilimambogo.
- Head back to Nairobi in time for "Ele Bedtime" at the Sheldrick Orphanage, where you can meet your adopted baby and wish him or her sweet dreams. This is a visit you will remember for a lifetime!
- Overnight at Kifaru House – Standard Room (Full Board)



**Gillian Wood (Vet Treks Foundation Board Member and 2016 volunteer)  
Putting her adopted baby orphan elephant to bed at the Sheldrick Orphanage**

**Day 8      Tuesday, 27 February, 2018**

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Enjoy free time on your own in Nairobi, or relax at Kifaru House prior to your departure home to the U.S., or to the Maasai Mara for a safari adventure.

**End of your service trip – You have made a positive difference! Thank You!**

**OPTIONAL TRAVEL EXTENSIONS:**

**1) For early arrivals (February 17-18<sup>th</sup>) to Nairobi**

There is more to Nairobi than what our time there will allow you to see. If you are able to arrive prior to the 20<sup>th</sup>, you will have a bit of time to recover from jet lag, and also to see a bit more of this colourful and bustling city.\*

On Monday, February 19<sup>th</sup> you will be picked up early from Kifaru House for a ½ day game drive in Nairobi National Park, lunch, a visit to Kazuri Bead Factory Coop (inspiring and also great for gift purchases), and afternoon tea at Giraffe Manor, where, with some luck, we will have some very tall guests join us for tea!

**NOTE: \*LIMITED TO 6 PARTICIPANTS ONLY (sign up early to take advantage of this exclusive offering!)**



**PLEASE CONTACT US AT VET TREKS FOUNDATION FOR FULL DETAIL OF COSTS,  
PARTICIPANT REQUIREMENTS, INCLUSIONS AND EXCLUSIONS.**